



Backgrounder

February 2021

"If I get the vaccine, my life can go on."
Gary, age 64

Ready for My Shot is a pop-up advocacy campaign to call on Canada's provincial governments to clearly identify adults with Down syndrome and other developmental disabilities as high priority for the COVID vaccine.

We are a grassroots group of concerned family members who have a loved one with a developmental disability.

Provinces in Canada have not named these high-risk people as a vaccine priority, or if they have, their policy is vague. This is despite the [evidence](#) that people with developmental disabilities are at high risk for contracting and dying from COVID.

Ready for My Shot is a Canada-wide campaign that offers materials for advocacy: a video, website, social media content and resources. Our website features supporting research, associated media coverage, a sample letter to send to your provincial politicians and links to existing petitions.

Our campaign is designed to support self-advocates, families, caregivers and allies to do their own advocacy work.

What Can I Do?

1. Visit the website ReadyForMyShot.ca.
2. Sign up for email updates at readyformyshot.ca/email-sign-up.
3. Share our [campaign video](#).
4. Follow us on Twitter: [@ReadyForMyShot](https://twitter.com/ReadyForMyShot)
5. Follow us on Facebook: facebook.com/ReadyForMyShot/
6. Share our social media content with your followers.
7. Use the #ReadyForMyShot hashtag in your social media

~ Thank you for your interest and support! ~